

Tuesday, May 24, 2011

10:00 am	Conference Registration begins at Hal Holmes Community Center (209 N. Ruby Street)
Noon-12:30 pm	“Welcome,” “Newcomers Welcome,” and Ice Breaker National Stroke Association: Elizabeth Scheid (slideshow presentation)
12:30-1:15 pm	Keynote Speaker: Humor and Laughter – Marilyn Grey: B. Ed. English and Psychology, M. Ed. School Psychology from Central Washington University & Author of “It’s All In Your Head”
1:30-2:30 pm	Session A: The Meaningful Connections Program – Jeff Penick, Ph.D: Central Washington University Department of Psychology and Meaningful Connections Program Advisor Session B: Taking Care of Your Loved One’s – Educational Instructor and Adult Activity Center Assistant Recreation Coordinator: Patty Burry
2:45-3:45 pm	Session C: Tips for Raising Money: Does and Don’ts of Successful Grant Writing – Elise Forier Edie: Central Washington University Assistant Professor and Director of the Family Theatre Series Session D: The Effect of Yoga Training on Fall Risk Factors in Older Adults – Tristen Lamb, Central Washington University Graduate Student
4:00 pm	Hotel Check In and Registration Continued @ Holiday Inn Express
6:00 pm	Bus Boarding
6:30-8:30 pm	Bowl-O-Rama
8:30 pm	Return to Holiday Inn Express
9:00-11:00 pm	Hospitality Suite open

Wednesday, May 25, 2011

7:00-8:30 am	Breakfast (Continental breakfast at hotel)
7:45-8:45 am	Transportation available to Hal Holmes Community Center
8:00-9:30 am	Registration Open at Hal Holmes Community Center
9:00 am-4:00 pm	Vendor Fair and Hospitality Room open

9:00-10:00 am	<p>Session E: Strategies for Seniors Facing Insolvency – Law Office of Theresa Petrey, PLLC</p> <p>Session F: The Future of Aging - Maureen Schmitter-Edgecombe, Ph.D, WSU Professor in Department of Psychology</p>
10:15-11:15 am	<p>Session G: The Benefits of Memoir Writing for Senior Citizens – Marcia Rudoff, Author of “We Have Stories-a handbook for writing your memoirs.”</p> <p>Session H: Bridging the Gap between Science and Practice - Harry Papadopoulos, Ph.D: Central Washington University Nutrition, Exercise & Health Sciences Professor & Carol Findley: Retired Senior Volunteer Program Director:</p>
11:15 am-Noon	Vendor Fair
Noon-1 pm	Lunch Presentation: Senior Community Service Employment Program (SCSEP) – Kelly Fox: Kittitas, Klickitat, and Yakima Vocational Services Manager
1:15-2:15 pm	<p>Session I: Beyond Large Print Bingo Cards: Create a Meaningful and Functional Environment for Seniors with Vision Loss – Kate Fewel, MSW, LICSW: Clinical Social Worker with Community Services</p> <p>Session J: Public Health: How Public Health Impacts Your Daily Life – Linda Navarre, RN, PHN: Kittitas County Health Department</p>
2:30-3:30 pm	<p>Session K: 2011 National Council on Aging Conference (NCOA) Synopsis – Antonia Kerney: WSASC NISC Representative and Village Concepts Retirement Communities Director of Programs & Sue Hilberg: WSASC Chair and Bonnie Lake Senior Services Manager</p> <p>Session L: Mastering Change – Paul Figueroa, LLC: Peace Enforcement</p>
3:30-4:30 pm	Transportation back to Holiday Inn Express
4:00 pm	Vendor Fair Ends
5:30 pm	Board charter buses to Springwood Ranch (Theme: <i>Country Howe Down</i>)
6:00-7:00 pm	Cocktails and Silent Auction Bidding
7:00 pm	Dinner
8:00 pm	Live Auction and Awards

9:00 pm **Option:** Charter bus back to Holiday Inn Express

9:00-11:00 pm Rock n' Roll Live Band: "**Rusted Souls**"

11:00 pm Board Charter bus back to Holiday Inn Express

9:30 pm-Midnight Hospitality Suite Open

Thursday, May 26, 2011

7:30-8:30 am Breakfast (Continental breakfast at hotel)

8:30-10:00 am Check out of Holiday Inn Express

10:15 am **Closing Speaker:** From Burnout to Burning Hot - **Charlie Davis**, Senior Vice President of Operations for the "Y" of Pierce and Kitsap Counties - Holiday Inn Express Breakfast Room

11:15 am-12:30 pm Board reports and auction remainder of beverages/food from Hospitality Suite